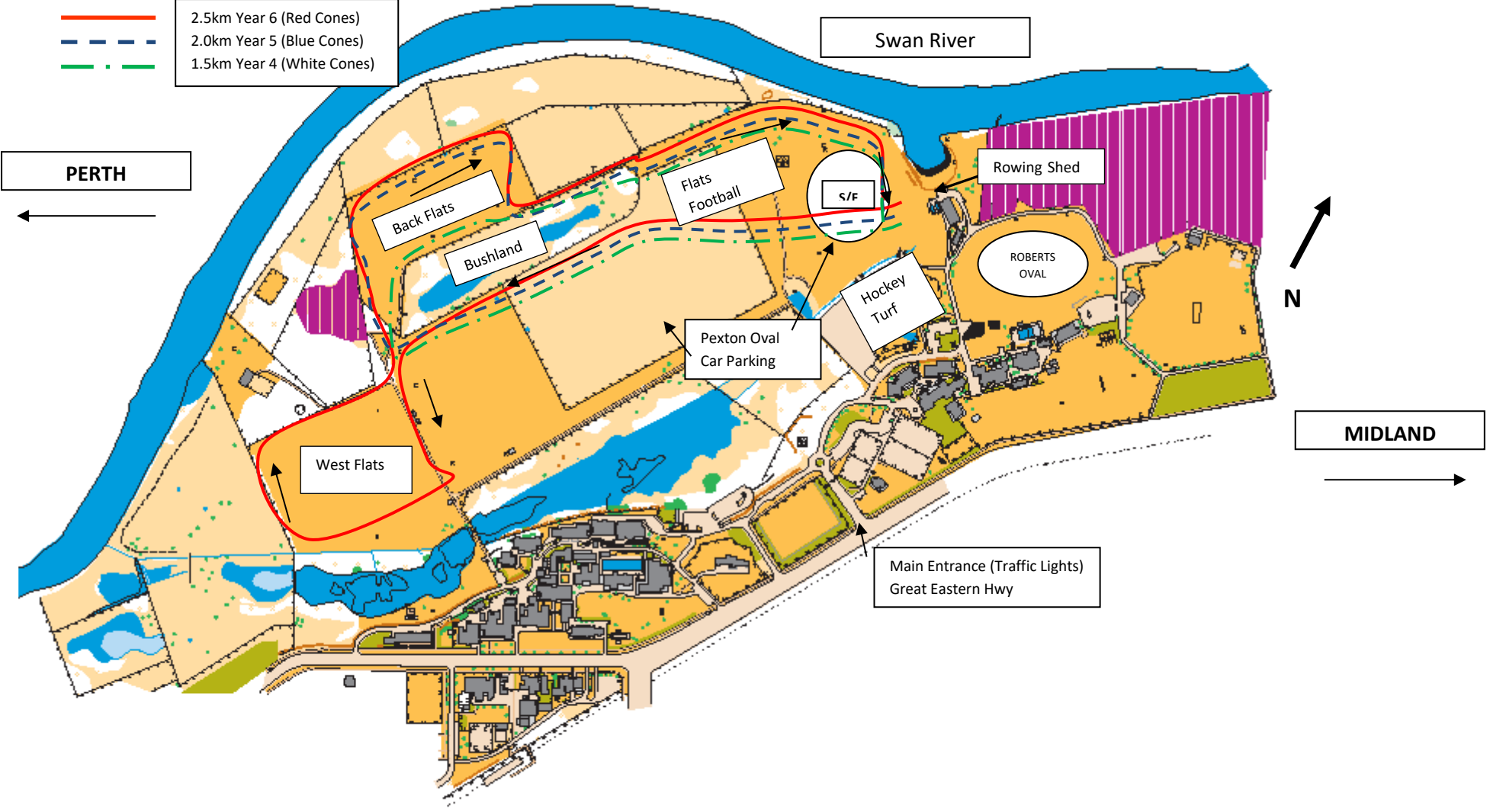


CROSS COUNTRY COURSE GUILDFORD GRAMMAR SCHOOL



- 2.5km Year 6 (Red Cones)
- 2.0km Year 5 (Blue Cones)
- 1.5km Year 4 (White Cones)



MIDLAND



Course Information

1. A Quad Bike will lead students around the course during their races.
2. Schools are welcome to bring teams to Guildford prior to the carnival to practice. Please advise when you would like to visit and we will try to have a Guildford staff member be available to meet and direct you.

Year 4 Course – White Cones

Start line is located on Pexton Oval. Students run west across the oval and out through the gate. From there students run to the football goals at the western end of the Flats Football Oval and progress along the fence line of the bushland. At the service road students turn right and run up the service road to the Back Flats Soccer Fields, keeping the bushland on their right. At the end of the service road students turn right to continue along the opposite fence line of the bushland, again, bushland should remain on the right. Continue to run straight up the gravel track and then follow the dirt track along the river around the back of Pexton Oval. At the Rowing Shed turn right and run down the hill to cross the finish line.

Year 5 Course – Blue Cones

Start line is located on Pexton Oval. Students run west across the oval and out through the gate. From there students run to the football goals at the western end of the Flats Football Oval and progress along the fence line of the bushland. At the service road students bear right and run up the dirt track to the Back Flats Soccer Fields. At the end of the track, students will follow the cones around the outer edge of the Back Flats Soccer Fields. At the eastern end of the Soccer Fields, turn left to run up the gravel track and then follow the dirt track along the river around the back of Pexton Oval. At the Rowing Shed turn right and run down the hill to cross the finish line.

Year 6 – Red Cones

Start line is located on Pexton Oval. Students run west across the oval and out through the gate. From there students run to the football goals at the western end of the Flats Football Oval and progress along the fence line of the bushland. At the service road, students turn left and run down the service road to the shelter on the West Flats Soccer Fields. From there students will run around the outer edge of the West Flats Soccer Fields. When students return to the service road they will turn left and run up the dirt track to the Back Flats Soccer Fields. At the end of the track, students will follow the cones around the outer edge of the Back Flats Soccer Fields. At the eastern end of the Soccer Fields, turn left to run up the gravel track and then follow the dirt track along the river around the back of Pexton Oval. At the Rowing Shed turn right and run down the hill to cross the finish line.