“Success is where preparation and opportunity meet”

STUDENT & PARENT SPORT HANDBOOK

2016-2017
Team Facts

- **80+ teams**
- **712 registered players**
- **78 house sport events**
- **125 student try outs**
- **95 squad members**

Swim Facts

Aquabears

<table>
<thead>
<tr>
<th>Year</th>
<th>2012</th>
<th>2013</th>
<th>2014</th>
<th>2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Count</td>
<td>20</td>
<td>77</td>
<td>122</td>
<td>175</td>
</tr>
</tbody>
</table>

Swim Program members increase year by year

Championships

- 2019 U16 WAB Field of Dreams D2 Baseball Boys
- 2015 U11 ISAC Football Girls
- 2015 U10 ISAC Football Boys
- 2015 U11 BSB Football Invite Boys
- 2015 U10 BSB Football Invite Boys
- 2015 U9 BSB Football Invite Mixed
- 2015 U19 ACAMIS Gold Division Volleyball Boys
- 2016 U9 BSB Handball Invite Girls
- 2016 U10 BSB Handball Invite Boys
- 2016 U11 BSB Handball Invite Boys
- 2016 U10 ISAC Handball Boys
- 2016 U11 ISAC Handball Boys
- 2016 U16 WAB Tiger Cup Football Girls
- 2016 U13 FOBISIA B2 Basketball Girls
- 2016 U19 ACAMIS Gold Division Football Boys
- 2016 U12 ISAC Basketball Girls
- 2016 U10 BSB T-Ball Invite Mixed
- 2016 U11 BSB T-Ball Invite Mixed
- 2016 U11 FOBISIA B2 Football Boys
- 2016 U11 FOBISIA B2 Football Girls

Sport Results

ISAC/ACAMIS/FOBISIA/BSB Invite

- **1st Place:** 21 Championships
- **2nd Place:** 13 (Runner-ups)
- **3rd Place:** 17
- Sportsmanship Award: 8

MVP/MIP/Coaches Choice/Players Player

- **244 Plaques AWARDED**
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U19 ACAMIS Volleyball @ Hong Kong Academy

U19 ACAMIS Football @ Dalian American School
Section 1:

Policies, Procedures and Practical Information

for Students and Parents

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sport@britishschool.org.cn
Tel: +86 (0) 10-8047-3588 Ext: 2587
Fax: +86 (0) 10-8047-3598
Introduction

The BSB Sport program is inclusive; we feel that all students who wish to play sport have the opportunity to do so. We aim to provide a high quality program that will strive to achieve excellence, skill development and help to foster a lifelong commitment to sport.

Our Beliefs

- Involvement in a variety of sports supports and extends the overall learning experience.
- Every student that expresses an interest in school sport deserves the chance to be involved.
- Participation in sports provides opportunities to develop important life skills including teamwork, time management, responsibility, leadership, tolerance and personal integrity.

Core Values

We believe students should enjoy playing, improving skills in a range of sports, and to experience competition in order to develop:

Commitment

- Stay with the sport team for the entire season. Students that quit may not join a second sport’s team until the first team is no longer competing.
- Attend all training sessions as regularly scheduled.

Responsibility

- Promote behaviors that show responsibility for rules, opponents, officials and teammates.
- Ultimately it is the student’s responsibility to maintain the best academic performance possible.

Leadership

- Empower students to make the right decisions.
- Become a positive role model.
Our House Sports Programme

Sport starts within curriculum at the physical education (PE) level. All students, while attending BSB, participate in regular timetabled PE lessons.

Within these lessons, many of the units of study mirror the core sports we participate in at the ISAC/ACAMIS/FOBISIA level. At the end of a unit of study in line with the sports seasons and calendar, students have an opportunity to play each other through inter-house sport competitions.

House Sport competitions are scheduled during PE lesson time as well as sometimes on a whole school basis.

For example, the Secondary Day of Sport (Athletics) is scheduled for the whole day of Tuesday October 11th, 2016. Students on this day will participate in the above mentioned sports by age, i.e. U19 or U14.

Students at BSB, no matter if they choose to play for the school on one of the many sport teams (in 2015-2016 we had over 80 teams), or within the school’s PE curriculum, get the chance to experience playing in a competition.

Our House sport competitions mean that everyone gets an opportunity to play competitive sport. The schedule for the whole year of House Sports is shown on Pages 33 & 34 of this Handbook. (close to 106 House Sport events scheduled in 2016-2017)
Profile

BSB has a proud tradition of sport, teams regularly participate at Under 19, Under 16/15, Under 14, Under 13, Under 12, Under 11, Under 10, Under 9 & Under 8 levels. BSB is a member of the Beijing and Tianjin International Schools Athletic Conference (ISAC), Association of China and Mongolia International Schools (ACAMIS), and Federation of British International Schools in Asia (FOBISIA).

ISAC participating schools:
- Beijing City International School
- Beijing International Singapore School
- Beijing International Bilingual Academy
- Beijing World Youth Academy
- Canadian International School
- Dulwich College Beijing
- The German School
- Harrow International School Beijing
- Hope International School Beijing
- International School Beijing
- International School Tianjin
- TEDA School
- Tianjin International School
- Tsinghua International School
- Western Academy Beijing
- Yew Chung International School

ACAMIS participating schools (Gold Division):
- Dalian American School
- Hong Kong Academy
- Shanghai International Community School Hangzhou
- Shenzhen International School Nanshan
- The International School Macau

FOBISIA participating schools (B Red Group of Schools):
- BSB    British School of Beijing, Shunyi Campus, China
- BSG    British School of Guangzhou, China
- DCSL   Dulwich College Seoul, Korea
- KTJ    Kolej Tuanku Ja Afar, Malaysia (Secondary Only)
- BPREP  Bangkok International Prep and Sec School, Thailand
- STAGV  St Andrews International School Green Valley, Thailand
Travel

Secondary students playing sports for the school can take the Secondary “Late Bus” which departs the school at 17:30 every Monday to Friday (on a few scheduled fixture days, the late bus departure might be delayed to 18:00, TBA). Students who live in Shunyi will be dropped off at their residential compound were as downtown students will be dropped off at designated drop-off points in relation to their residential compound. Some primary students (Y6 Only) with parent/guardian permission will be allowed to take the Secondary “Late Bus.” Primary students will take their regular ASA bus home after training unless a school organized bus will be provided for days there is no ASA bus running. It is the student’s responsibility to contact the Sport Office before the start of the season if they require transport home after training for both secondary & primary sport teams.

ISAC fixtures, exchanges and tournaments all use school-approved buses. Students are reminded to wear appropriate clothing for fixtures. Released time from class for Sports will be confirmed by the Sport Office in advance of the trip. Students are responsible for school work that is missed and must catch up in a reasonable period of time; to be determined by the teacher and or the Head of Year in secondary.

Eligibility

All students must register their intention to participate before the start of each season using the Student Athlete Registration Form, or through www.bsbsunyisport.com, registration for all seasons can be completed at the start of the academic year or just before the first formal training.

All students may only train in their age group, age groups are as follows:

Secondary

- Under 19  Born after Sept. 1st 1997 and before Sept. 1st 2002 (U19)
- Under 15  Born after Sept. 1st 2001 and before Sept. 1st 2003 (U15)
- Under 14  Born after Sept. 1st 2002 (U14)
- Under 13  Born after Sept. 1st 2003 (U13)
- Under 12  Born after Sept. 1st 2004 (U12)

Primary

- Under 11  Yr6  Born after Sept. 1st 2005 (U11)
- Under 10  Yr5  Born after Sept. 1st 2006 (U10)
- Under 9   Yr4  Born after Sept. 1st 2007 (U9)
- Under 8   Yr3  Born after Sept. 1st 2008 and before September 1st 2011 (U8)

The sports program at BSB is inclusive. However, selection may on occasion be necessary for ISAC and ACAMIS squads, U19 level and for all FOBISIA squads. PLEASE NOTE: FOBISIA eligibility is when born after August 1st.
**Costs**

ISAC sport events are free to student athletes. ACAMIS and FOBISIA tournaments, students selected pay all lodging, transportation and tournament fees involved with their participation in the tournament. If international travel is required please ensure your child has the correct VISA and VALID travel documents required for travel to the host country.

**Core Sports Team 2016-2017**

<table>
<thead>
<tr>
<th></th>
<th>Season 1</th>
<th>Season 2</th>
<th>Season 3</th>
<th>Season 4</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Aug 26-Nov 1</td>
<td>Nov 2-Jan 31</td>
<td>Feb 1-Apr 30</td>
<td>May 1-Jun 15</td>
</tr>
<tr>
<td>Under 19 (U16) Year 10-13</td>
<td>Volleyball Rugby Netball</td>
<td>Basketball Cross-Country Table Tennis</td>
<td>Football</td>
<td>No U19 Teams</td>
</tr>
<tr>
<td>Under 15 (U15) Year 9-10</td>
<td>FOBISIA</td>
<td></td>
<td></td>
<td>Tennis Rugby Netball</td>
</tr>
<tr>
<td>Under 14 (U14) Year 9</td>
<td>Football Badminton</td>
<td>FOBISIA Volleyball</td>
<td>Basketball</td>
<td>Tennis Rugby Netball</td>
</tr>
<tr>
<td>Under 13 (U13) Year 8</td>
<td>Football Badminton</td>
<td>FOBISIA Volleyball</td>
<td>FOBISIA Basketball</td>
<td>Tennis Rugby Netball</td>
</tr>
<tr>
<td>Under 12 (U12) Year 7</td>
<td>Football Badminton</td>
<td>FOBISIA Volleyball</td>
<td>FOBISIA Basketball</td>
<td>Tennis Rugby Netball</td>
</tr>
<tr>
<td>Under 11 (U11) Year 6</td>
<td>Football Cross Country Table Tennis</td>
<td>Handball Table Tennis</td>
<td>Badminton T-ball Athletics</td>
<td>FOBISIA</td>
</tr>
<tr>
<td>Under 10 (U10) Year 5</td>
<td>Football Cross Country Table Tennis</td>
<td>Handball Table Tennis</td>
<td>Badminton T-ball Athletics</td>
<td>FOBISIA</td>
</tr>
<tr>
<td>Under 9 (U9) Year 4</td>
<td>Football Cross Country Athletics Table Tennis</td>
<td>Handball Table Tennis</td>
<td>Badminton T-ball</td>
<td>FOBISIA</td>
</tr>
<tr>
<td>Under 8 (U8) Year 3</td>
<td>Football Cross Country Athletics</td>
<td>Handball</td>
<td>T-ball Mini FOBISIA</td>
<td>Mini FOBISIA Year 2 &amp; 3 only</td>
</tr>
<tr>
<td>Year 1 &amp; 2</td>
<td>Gymnastics</td>
<td>Football</td>
<td>Mini FOBISIA</td>
<td></td>
</tr>
<tr>
<td>All ages</td>
<td>Swimming</td>
<td>Swimming</td>
<td>Swimming</td>
<td>Swimming</td>
</tr>
</tbody>
</table>
Sport Formats

**U19/16 Teams**  ISAC League fixtures and an ISAC Saturday end of season tournament; ACAMIS is a three day tournament.

**U14 Teams**  ISAC League fixtures and an ISAC Saturday exchange & end of season tournament.

**U13 Teams**  ISAC League fixtures and an ISAC Saturday exchange & end of season tournament.

**U12 Teams**  ISAC one day exchange and/or BSB Invitational and a Saturday end of season tournament.

**U11/10/9 Teams**  BSB Invitational and an ISAC Saturday end of season tournament.

**U8 Teams**  BSB Invitational and in some seasons, an ISAC Saturday end of season tournament.

**Swim Team (Aquabears)** Open and Invitational meets throughout the year.

**U15 FOBISIA**  A three day multisport competition in athletics, swimming, football and basketball.

**U13 FOBISIA**  A three day multisport competition in athletics, swimming, football and basketball.

**Primary FOBISIA**  A three day multisport competition in athletics, swimming, football and T-ball.

**Mini FOBISIA**  A two day multisport competition in athletics, swimming, football and T-ball competing against other FOBISIA schools within Beijing.

Season training schedules and fixtures will be published by the Sports Office and on the sports school website at the start of the academic year.

WWW.BSBSHUNYISPORT.COM
## Training Overview

<table>
<thead>
<tr>
<th>Age Groups</th>
<th>After School</th>
</tr>
</thead>
<tbody>
<tr>
<td>U19 / U16</td>
<td>Monday, Wednesday &amp; Friday</td>
</tr>
<tr>
<td>U14 / U13 / U12</td>
<td>Monday &amp; Thursday</td>
</tr>
<tr>
<td>U11 / U10 / U9</td>
<td>Tuesday, Wednesday or Thursday (Days vary each season)</td>
</tr>
<tr>
<td>U8</td>
<td>Tuesday</td>
</tr>
<tr>
<td>U15 / U13 (Season 4 only)</td>
<td>Tuesday &amp; Wednesday</td>
</tr>
<tr>
<td>Swim Team / Mini Squad</td>
<td>see Appendix B</td>
</tr>
</tbody>
</table>

All students that want to represent the Bears for any core and non-core sport must train in school with the squad. It is understood that students involved in swimming may have a commitment to an elite training program outside of school. In these cases parents of the swimmer should contact the Sports Office to establish a modified school training plan.

Students that play for teams outside BSB are expected to represent school if there are schedule conflicts. Parents are asked to consider this before agreeing to have their child participate in a BSB sports program. Parents should contact the Sports Office as soon as they are aware of any conflict; absences and outcomes will be reviewed and determined on a case-by-case basis.

## Injury

While every care will be taken to ensure the safety of all students that participate in sports programs at BSB, participation in sports carries inherent risks and accidents are inevitable. All BSB staff are equipped to administer basic first aid/CPR and the school nurse will be available on site during the school day as well as weekend tournaments/fixtures. In the event of a serious emergency, the nurse or coach in charge will assess the situation and determine the best course of action. It is the parent’s responsibility to ensure that their child(ren) have Health Insurance Coverage. **BSB will not assume any liability for injuries related to sport events. Parents are ultimately responsible to pay any and all costs associated with medical treatment for their children.**
Sports Facility Use

Equipment and facilities should only be used when supervised by an appropriate qualified adult; those choosing not to abide by these rules do so at their own risk. Students using sports facilities (indoor or outdoor) must be appropriately dressed, including proper footwear.

Team Uniforms

Athletes will be provided a team uniform (Some teams will wear BSB PE kit). Players will need to bring their own sports footwear and sports socks. Uniforms are distributed before the team’s first scheduled fixture. Upon finishing the season, players are required to return their uniforms to their coach(es). Athletes receiving a school provided uniform if they fail to return this uniform will be charged a replacement fee of **1000 RMB per uniform**. Swim team members are expected to purchase their own Aquabears swimsuit and team swim cap. Please refer to the AquaBears Swim Handbook 2016-2017 for more details concerning AquaBears swim kit requirements.

Bear Parents Club

The Bears Parents works closely with the Sports Department. The Bears Parents Club’s purpose is to support the Sports program by helping to promote student participation, facilitate communication between the Sport Office and the parents and to build spirit.

All parents of student athletes are automatically members of the Bears Parents Club and should expect to be actively involved in supporting the Sports program.

The Bears Parents Club meets before the start of each sport season and at the end of the academic year. If you are interested to get more involved in BSB Sports, contact sport@britishschool.org.cn or drop by the Sports Office C208 anytime.
Sports Awards

Awards are given for active participation in the sports program. Awards are made on the recommendation of coaching staff and, on occasions, by the players. Athletes must successfully complete the season to be considered.

End of Season (Given in Secondary/Primary Assemblies)

ISAC/ACAMIS/FOBISIA Core Sports Awards (Refer to BSB’s Sports Wall of Fame and Sports Award Winners Wall)

- U11 / U10 / U9 / U8 Most Improved Player, Coaches Choice (Players Player), Most Valuable Player - football, handball, T-ball, swimming, cross-country, athletics, table tennis and badminton.
- U14 / U13 / U12 Most Improved Player, Coaches Choice (Players Player), Most Valuable Player - football, volleyball, basketball, swimming, baseball, cross-country, badminton, table tennis, rugby, netball and tennis
- U19 / U16 Most Improved Player, Coaches Choice (Players Player), Most Valuable Player - volleyball, basketball, football, swimming, baseball, cross-country, badminton, table tennis, softball, rugby, netball and tennis

End of Year

- U19 Sportsman / Sportswoman of the Year
- U14 Sportsman / Sportswoman of the Year
- U11 Sportsman / Sportswoman of the Year
- U9 Sportsman / Sportswoman of the Year
- Swimmer of the Year Secondary Boys
- Swimmer of the Year Secondary Girls
- Swimmer of the Year Primary Boys
- Swimmer of the Year Primary Girls
- Swimmer of the Year Mini Bears Boys
- Swimmer of the Year Mini Bears Girls

To be eligible, athletes must have successfully completed a minimum of two seasons during the year. These awards are presented at the **Sports Awards Evening & BBQ** scheduled on Thursday 15th June, 2017 at 6 - 8pm @ BSB.
Student Checklist

At the start of the academic year, or before the start of your season students wishing to participate will need to do the following:

1. Complete the Student Athlete Registration Form (All sections must be completed) or sign up online at:

   http://www.bsbshunyisport.com

2. Review the Players’ Code & Agreement. (copies are located in the Sports Office)

3. Return all forms to the Sports Office before the first training session per season. Season 1 sports begin tryouts and training on Wednesday 24th August 2016.

   **Season 1 Sport Start dates**
   - Wednesday 24th August: U19/U16 Volleyball
   - Thursday 25th August: U14/U13/U12 Football
   - Friday 26th August: U16 Baseball
   - Tuesday 30th August: U14/U13/U12 Badminton
   - Thursday 8th September: U11/U9 Cross Country, U9 Athletics

   **Monday 29th to 31st August**
   - Aquabears Swim Try-Outs for all Ages: Secondary/Primary/Mini-Bears by appointment ONLY
     (Swim Training formally begins week of 5th September)
   - See page 17 for Try-out dates
U11 Boys & Girls Football @ BIS Phuket, Thailand 2015

AquaBears Swim Team 2015-2016
Sports Handbook 2016-2017 Appendix A

Aquabears Swim Team

Aquabears Qualification Standards (BSB Q)

<table>
<thead>
<tr>
<th>100m IM *mins)</th>
<th>Squad A</th>
<th>Squad B</th>
<th>Squad C</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:20 – 1:40</td>
<td></td>
<td>1:41 – 2:00</td>
<td>2:01 – 2:30</td>
</tr>
</tbody>
</table>

- Swimmers will be divided up into one of three groups for training and participation in Aquabears: Squad A, B, & C. The above times will decide which groups students are allocated.

- In addition to qualifying standards, swimmers are expected to have race skills; starts and turns. Swimmers should be aware that several meets have their own race standards for event entries; swimmers may only enter events for which they qualify.

- **Though the above times are simple benchmarks, Aquabears is open to all swimmers who have the basic stroke techniques and desire to be a part of the team in whatever manner possible. We welcome any and all who want to swim competitively to join Aquabears.**

- **Try-outs will be held during the week beginning Monday 29th August until Wednesday 31st August from 3:30 - 4:30pm.**

  - **Primary students years 3 & 4**  Sunday 29th August 3:30 - 4:30pm
  - **Primary students years 5 & 6**  Monday 30th August 3:30 - 4:30pm
  - **Secondary students**  Tuesday 31st August 3:30 - 4:30pm

- Students that are unable to attend should contact the Aquabear’s Head Swimming Coach at alasdair.armstrong@britishschool.org.cn or aquabears@britishschool.org.cn to arrange an alternative time.

- During the week of Try-outs, transport will be available for Secondary students only at 5:30pm. Primary students will need to arrange parents to pick up from school at 4:30pm. Alternatively, Primary students can try out at lunch time.

- Aquabears Try-outs remain OPEN throughout the academic year and can be organised directly with the Aquatics team and/or Sports Office.
### Aquabears Weekly Training Schedule

<table>
<thead>
<tr>
<th></th>
<th>7 - 8am</th>
<th>3:30 – 4:30pm</th>
<th>3:30 - 5:00pm</th>
<th>Private Coaching</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monday</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mini Bear Seniors</td>
<td>(Year 4)</td>
<td></td>
<td>AquaBears (Years 5, 6 &amp; Secondary)</td>
<td>Synchronised swimming</td>
</tr>
<tr>
<td>(SL, JL)</td>
<td></td>
<td></td>
<td>AA, SQ</td>
<td>5:30 – 8:00pm</td>
</tr>
<tr>
<td><strong>Tuesday</strong></td>
<td>Mini Bears Juniors (Year 3)</td>
<td>Year 1 &amp; 2 Swimming Lessons ASA (SL, JL)</td>
<td>Aqua Bears (Years 5, 6 &amp; Secondary)</td>
<td>SOYO Swim Club</td>
</tr>
<tr>
<td>(SQ)</td>
<td></td>
<td></td>
<td>AA</td>
<td>5:00 – 8:00pm</td>
</tr>
<tr>
<td><strong>Wednesday</strong></td>
<td>Aquabears early morning training AA</td>
<td>Mini Bear Seniors (Year 4)</td>
<td>Swim fit ASA! (Years 3, 4, 5, 6 &amp; Secondary)</td>
<td>SOYO Swim Club</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(AA)</td>
<td>(JL, SQ, SL)</td>
<td>5:00 – 8:00pm</td>
</tr>
<tr>
<td><strong>Thursday</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mini Bears Juniors (Year 3)</td>
<td></td>
<td></td>
<td>Aqua Bears (Years 5, 6 &amp; Secondary)</td>
<td>SOYO Swim Club</td>
</tr>
<tr>
<td>(JL, SL)</td>
<td></td>
<td></td>
<td>AA, SQ</td>
<td>5:00 – 8:00pm</td>
</tr>
<tr>
<td><strong>Friday</strong></td>
<td>Aquabears early morning training AA</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Coaches’ initials are in red in the table.

**Coaches for Team 2016/2017**

**AA** = Alasdair Armstrong (Squad A/B & Mini Bears Seniors, Aquabears Early Morning Training)  
Head Swim Coach, ASA 1&2/ Austswim/ Austswim Assessor

**SQ** = Sid Qui (Squad C, Swim Fit & Mini Bears Juniors)  
Swim TA, Certified Swim Teacher/ Austswim

**JL** = Judy Liu (Mini Bears, Swim Fit, ASA Swimming year 1&2)  
Swim TA, Certified Swim Teacher/ Austswim

**SL** = Shane Li (Swim Fit, Mini Bears Juniors, ASA Swimming year 1&2)  
Swim TA, Certified Swim Teacher/ Austswim

**Mini squad** is open to students aged 8 years and younger who want to join a competitive swim training program at the invitation of the Head of Aquatics.
Sports Handbook 2016-2017 Appendix B

Please note fixtures may change, move, or be cancelled. The Sport Department will notify all athletes when or if these changes occur. All efforts are made to keep all scheduled sport events the same as stated above.

U19 Training Fixtures and Tournament 2015-2016

Training Days and Times

- Monday 3:45 - 5:15pm
- Wednesday 3:45 - 5:15pm
- Friday 3:45 - 5:15pm

Season 1

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Vs.</th>
<th>Venue</th>
<th>Time</th>
<th>Conference</th>
</tr>
</thead>
<tbody>
<tr>
<td>7-Sep-2016</td>
<td>Wed</td>
<td>DCB</td>
<td>DCB</td>
<td>1630</td>
<td>ISAC</td>
</tr>
<tr>
<td>9-Sep-2016</td>
<td>Fri</td>
<td>DSP</td>
<td>BSB</td>
<td>1630</td>
<td>ISAC</td>
</tr>
<tr>
<td>14-Sep-2016</td>
<td>Wed</td>
<td>BCIS</td>
<td>BSB</td>
<td>1630</td>
<td>ISAC</td>
</tr>
<tr>
<td>28-Sep-2016</td>
<td>Wed</td>
<td>ISB</td>
<td>BSB</td>
<td>1630</td>
<td>ISAC</td>
</tr>
<tr>
<td>15-Oct-2016</td>
<td>Sat</td>
<td>Tournament</td>
<td>DSP</td>
<td>TBC</td>
<td>ISAC</td>
</tr>
<tr>
<td>3-Nov-2016</td>
<td>Thu</td>
<td>Tournament</td>
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Season 3

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U14/U13/U12 Training Fixtures and Tournament 2016-2017

Training Days and Times

- Monday 3:45 - 5:15pm
- Thursday 3:45 - 5:15pm

Season 1

## U14 Boys Football

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<td>WAB</td>
<td>WAB</td>
<td>1630</td>
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<tr>
<td>20-Apr-2017</td>
<td>Thu</td>
<td>HISB</td>
<td>BSB</td>
<td>1630</td>
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</tr>
<tr>
<td>22-Apr-2017</td>
<td>Sat</td>
<td>Tournament</td>
<td>DCB</td>
<td>TBC</td>
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## U14 Girls Basketball

<table>
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<th>Vs.</th>
<th>Venue</th>
<th>Time</th>
<th>Conference</th>
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<tbody>
<tr>
<td>9-Feb-2017</td>
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<td>Thu</td>
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<td>Thu</td>
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<td>Exchange</td>
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<td>TBC</td>
<td>ISAC</td>
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<td>Thu</td>
<td>WAB</td>
<td>BSB</td>
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## U13 Boys Basketball

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<th>Conference</th>
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<tbody>
<tr>
<td>9-Feb-2017</td>
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<td>DCB</td>
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<td>ISAC</td>
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<tr>
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<td>Thu</td>
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<tr>
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<td>Sat</td>
<td>Exchange</td>
<td>DCB</td>
<td>TBC</td>
<td>ISAC</td>
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<tr>
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<td>Thu</td>
<td>WAB</td>
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<tr>
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<td>HISB</td>
<td>HISB</td>
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## U13 Girls Basketball

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<th>Venue</th>
<th>Time</th>
<th>Conference</th>
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<tbody>
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<td>9-Feb-2017</td>
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<td>BSB</td>
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<td>23-Feb-2017</td>
<td>Thu</td>
<td>ISB</td>
<td>ISB</td>
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</tr>
<tr>
<td>Date</td>
<td>Day</td>
<td>Vs.</td>
<td>Venue</td>
<td>Time</td>
<td>Conference</td>
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<td>Exchange</td>
<td>ISB</td>
<td>TBC</td>
<td>ISAC</td>
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<td>WAB</td>
<td>BSB</td>
<td>1630</td>
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<td>HISB</td>
<td>1630</td>
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<td>22-Apr-2017</td>
<td>Sat</td>
<td>Tournament</td>
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**U12 Boys Basketball**

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<th>Time</th>
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<td>DCB</td>
<td>1630</td>
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<td>BSB</td>
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<td>Sat</td>
<td>Exchange</td>
<td>WAB</td>
<td>TBC</td>
<td>ISAC</td>
</tr>
<tr>
<td>30-Mar-2017</td>
<td>Thu</td>
<td>WAB</td>
<td>WAB</td>
<td>1630</td>
<td>ISAC</td>
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<td>Thu</td>
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<td>BSB</td>
<td>1630</td>
<td>ISAC</td>
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<tr>
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<td>Thu</td>
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<td>BSB</td>
<td>1630</td>
<td>ISAC</td>
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<tr>
<td>22-Apr-2017</td>
<td>Sat</td>
<td>Tournament</td>
<td>WAB</td>
<td>TBC</td>
<td>ISAC</td>
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**U12 Girls Basketball**

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Vs.</th>
<th>Venue</th>
<th>Time</th>
<th>Conference</th>
</tr>
</thead>
<tbody>
<tr>
<td>9-Feb-2017</td>
<td>Thu</td>
<td>DCB</td>
<td>BSB</td>
<td>1630</td>
<td>ISAC</td>
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<tr>
<td>23-Feb-2017</td>
<td>Thu</td>
<td>ISB</td>
<td>ISB</td>
<td>1630</td>
<td>ISAC</td>
</tr>
<tr>
<td>18-Mar-2017</td>
<td>Sat</td>
<td>Exchange</td>
<td>DCB</td>
<td>TBC</td>
<td>ISAC</td>
</tr>
<tr>
<td>30-Mar-2017</td>
<td>Thu</td>
<td>WAB</td>
<td>BSB</td>
<td>1630</td>
<td>ISAC</td>
</tr>
<tr>
<td>20-Apr-2017</td>
<td>Thu</td>
<td>HISB</td>
<td>BSB</td>
<td>1630</td>
<td>ISAC</td>
</tr>
<tr>
<td>22-Apr-2017</td>
<td>Sat</td>
<td>Tournament</td>
<td>HISB</td>
<td>TBC</td>
<td>ISAC</td>
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**Season 4**

**U14 Boys Tennis**

<table>
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<th>Day</th>
<th>Vs.</th>
<th>Venue</th>
<th>Time</th>
<th>Conference</th>
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</thead>
<tbody>
<tr>
<td>7-May-2017</td>
<td>Sat</td>
<td>Tournament</td>
<td>DCB</td>
<td>TBC</td>
<td>ISAC</td>
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**U14 Girls Tennis**

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<th>Vs.</th>
<th>Venue</th>
<th>Time</th>
<th>Conference</th>
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</thead>
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<td>14-May-2017</td>
<td>Sat</td>
<td>Tournament</td>
<td>ISB</td>
<td>TBC</td>
<td>ISAC</td>
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**U15/U13 Boys & Girls Rugby/Netball/Tennis**

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<th>Venue</th>
<th>Time</th>
<th>Conference</th>
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</thead>
<tbody>
<tr>
<td>2-Jun-2017</td>
<td>Fri</td>
<td>Tournament</td>
<td>DCB</td>
<td>TBC</td>
<td>ISAC(Lions Cup)</td>
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<tr>
<td>3-Jun-2017</td>
<td>Sat</td>
<td>Tournament</td>
<td>DCB</td>
<td>TBC</td>
<td>ISAC(Lions Cup)</td>
</tr>
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</table>
### U11/U10/U9 Training Fixtures and Tournament 2016-2017

**Training Days and Times**
- Tuesday 3:30 - 4:30pm
- Thursday 3:30 - 4:30pm  Season 1 Only (U11/U9 Cross Country; U9 Athletics)

**Season 1**

#### U11 Boys & Girls Football

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Vs.</th>
<th>Venue</th>
<th>Time</th>
<th>Conference</th>
</tr>
</thead>
<tbody>
<tr>
<td>18-Oct-2016</td>
<td>Tue</td>
<td>Invitational</td>
<td>BSB</td>
<td>1000</td>
<td>ISAC</td>
</tr>
<tr>
<td>29-Oct-2016</td>
<td>Sat</td>
<td>Tournament</td>
<td>DCB</td>
<td>TBC</td>
<td>ISAC</td>
</tr>
<tr>
<td>25-Nov-2016</td>
<td>Fri</td>
<td>Tournament</td>
<td>BIS Phuket</td>
<td>TBC</td>
<td>FOBISIA</td>
</tr>
<tr>
<td>26-Nov-2016</td>
<td>Sat</td>
<td>Tournament</td>
<td>BIS Phuket</td>
<td>TBC</td>
<td>FOBISIA</td>
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#### U10 Boys & Girls Football

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<th>Day</th>
<th>Vs.</th>
<th>Venue</th>
<th>Time</th>
<th>Conference</th>
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<tbody>
<tr>
<td>19-Oct-2016</td>
<td>Wed</td>
<td>Invitational</td>
<td>BSB</td>
<td>1000</td>
<td>ISAC</td>
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<td>29-Oct-2016</td>
<td>Sat</td>
<td>Tournament</td>
<td>DCB</td>
<td>TBC</td>
<td>ISAC</td>
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#### U9 Boys & Girls Football

<table>
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<th>Time</th>
<th>Conference</th>
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<tr>
<td>20-Oct-2016</td>
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#### U8 Boys & Girls Football

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<th>Venue</th>
<th>Time</th>
<th>Conference</th>
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<tr>
<td>21-Oct-2016</td>
<td>Fri</td>
<td>Invitational</td>
<td>BSB</td>
<td>1000</td>
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#### U11/U9 Cross Country

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<tbody>
<tr>
<td>15-Oct-2016</td>
<td>Sat</td>
<td>Meet</td>
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<td>TBC</td>
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#### U9 Athletic

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### Season 2

#### U11 Boys/Girls Table Tennis

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<tbody>
<tr>
<td>26-Nov-2016</td>
<td>Sat</td>
<td>Tournament</td>
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<td>TBC</td>
<td>ISAC</td>
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#### U11 Boys/Girls Handball

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<th>Time</th>
<th>Conference</th>
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<tbody>
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<td>18-Jan-2017</td>
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<td>Invitational</td>
<td>BSB</td>
<td>TBC</td>
<td>ISAC</td>
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<td>19-Jan-2017</td>
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<td>Invitational</td>
<td>BSB</td>
<td>TBC</td>
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<td>11-Mar-2017</td>
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#### U10 Boys/Girls Handball

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<th>Conference</th>
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<td>18-Jan-2017</td>
<td>Wed</td>
<td>Invitational</td>
<td>BSB</td>
<td>TBC</td>
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<td>Thu</td>
<td>Invitational</td>
<td>BSB</td>
<td>TBC</td>
<td>ISAC</td>
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<tr>
<td>25-Feb-2017</td>
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#### U9 Boys/Girls Handball

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<th>Conference</th>
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<td>Wed</td>
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<td>TBC</td>
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#### U8 Boys/Girls Handball

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<th>Time</th>
<th>Conference</th>
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### Season 3

#### U11 Badminton

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<td>25-Mar-2017</td>
<td>Sat</td>
<td>Tournament</td>
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#### U11/U10/U9 T-Ball

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<td>19-Apr-2017</td>
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<td>Invitational</td>
<td>BSB</td>
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# Season 4

## U8 Mini FOBISIA

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<td>12-Jun-2017</td>
<td>Mon</td>
<td>Tournament</td>
<td>DCB</td>
<td>TBC</td>
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<td>13-Jun-2017</td>
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## U11 Track and Field

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<tr>
<td>05-Sep-2016</td>
<td>Fri</td>
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## U11/U10/U9 Duathlon

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<th>Conference</th>
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<tbody>
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<td>3-Jun-2017</td>
<td>Sat</td>
<td>Tournament</td>
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## All Seasons (Swimming – AquaBears)

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<th>Time</th>
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<tbody>
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<td>Swim Meet</td>
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<td>TBC</td>
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<td>21-Sep-2016</td>
<td>Wed</td>
<td>Mini Bear Swim Meet</td>
<td>BSB</td>
<td>TBC</td>
<td>ISAC</td>
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<tr>
<td>22-Sep-2016</td>
<td>Wed</td>
<td>Primary AquaBears Swim Meet</td>
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<td>TBC</td>
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<tr>
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<td>Tue</td>
<td>Practise FOBISIA Swim Meet</td>
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<td>ISAC</td>
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<tr>
<td>28-Oct-2016</td>
<td>Fri</td>
<td>SAS/ISB Swimvitational (8&amp;O)</td>
<td>Shanghai</td>
<td>TBC</td>
<td>ISAC</td>
</tr>
<tr>
<td>30-Oct-2016</td>
<td>Fri</td>
<td>SAS/ISB Swimvitational (8&amp;O)</td>
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<td>TBC</td>
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<tr>
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<td>Tue</td>
<td>Mini Bear Swim Meet (8&amp;U)</td>
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<tr>
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<td>ISAC</td>
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<td>ISB</td>
<td>TBC</td>
<td>ISAC</td>
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<tr>
<td>11-Dec-2016</td>
<td>Sun</td>
<td>Swim Meet (All ages)</td>
<td>ISB</td>
<td>TBC</td>
<td>ISAC</td>
</tr>
<tr>
<td>17-Feb-2017</td>
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<td>TBC</td>
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<td>DCSZ/SISS</td>
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<td>ISAC</td>
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<td>HK</td>
<td>TBC</td>
<td>ISAC</td>
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<tr>
<td>23-Apr-2017</td>
<td>Sun</td>
<td>Mantas Swim (8&amp;O)</td>
<td>HK</td>
<td>TBC</td>
<td>ISAC</td>
</tr>
<tr>
<td>25-Apr-2017</td>
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<td>Secondary AquaBears Swim Meet (11&amp;O)</td>
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<td>TBC</td>
<td>ISAC</td>
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<tr>
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<td>Tue</td>
<td>Mini Bear Swim Meet (8&amp;U)</td>
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<td>TBC</td>
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<tr>
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<td>Primary AquaBears Swim Meet (11&amp;U)</td>
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<td>ISAC</td>
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</tr>
<tr>
<td>24-May-2017</td>
<td>Wed</td>
<td>Baby Dragon Invitational Meet</td>
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## Secondary House Sports Events 2016-2017

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Class</th>
<th>Event</th>
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<tr>
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<tr>
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<td>Volleyball</td>
</tr>
<tr>
<td>2-Nov-2016</td>
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<td>Y9(G)</td>
<td>Football</td>
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<tr>
<td>3-Nov-2016</td>
<td>Thu</td>
<td>Y7(B)</td>
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</tr>
<tr>
<td>3-Nov-2016</td>
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<td>Y7(G)</td>
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<tr>
<td>3-Nov-2016</td>
<td>Thu</td>
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<td>Volleyball</td>
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<td>Thu</td>
<td>Y8(G)</td>
<td>Football</td>
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<td>7-Dec-2016</td>
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<td>Volleyball</td>
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<td>8-Dec-2016</td>
<td>Thu</td>
<td>Y7(B)</td>
<td>Football</td>
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<td>Thu</td>
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<td>Y10&amp;Y11(B&amp;G)</td>
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<td>Y9(B)</td>
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<td>Wed</td>
<td>Y9(G)</td>
<td>Basketball</td>
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<td>Swim</td>
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<td>Swim</td>
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<td>Thu</td>
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<td>Swim</td>
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<td>Basketball</td>
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<td>Thu</td>
<td>Y8(G)</td>
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<td>Y10&amp;Y11(B&amp;G)</td>
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<td>Rugby</td>
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<td>Softball</td>
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<td>Thu</td>
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<td>Softball</td>
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<td>Y4</td>
<td>Handball</td>
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<td>Thu</td>
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<td>Swim</td>
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<td>Wed</td>
<td>Y3</td>
<td>Swim</td>
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<td>Y3</td>
<td>Basketball</td>
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<td>Y3</td>
<td>T-Ball</td>
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<td>Y2</td>
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**Student Athlete Registration Form 2016-17**

My child will participate in the following BSB sports this school year. Please cross (☑) as required or use the online version here: [https://www.socscms.com/socs/login.asp](https://www.socscms.com/socs/login.asp)

### Season 1

<table>
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<tr>
<th>U19/U16 Boys Volleyball</th>
<th>U14 Girls Football</th>
<th>U10 Girls Football</th>
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<tbody>
<tr>
<td>(Year 10-13)</td>
<td>(Year 9)</td>
<td>(Year 5)</td>
</tr>
<tr>
<td>(Mon, Wed, Fri)</td>
<td>(Mon, Thurs)</td>
<td>(Tues)</td>
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<td>(Year 8)</td>
<td>(Year 4)</td>
</tr>
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<td>(Mon, Wed, Fri)</td>
<td>(Mon, Thurs)</td>
<td>(Tues)</td>
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<td>(Year 8)</td>
<td>(Year 4)</td>
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<td>(Tues)</td>
<td>(Mon, Thurs)</td>
<td>(Tues)</td>
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<table>
<thead>
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<th>U8 Boys Football</th>
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<tbody>
<tr>
<td>(Year 9-13)</td>
<td>(Year 6-7)</td>
<td>(Year 3)</td>
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<tr>
<td>(TBC)</td>
<td>(Mon, Thurs)</td>
<td>(Tues)</td>
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<table>
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<td>(Year 6-7)</td>
<td>(Year 3)</td>
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<td>(TBC)</td>
<td>(Mon, Thurs)</td>
<td>(Tues)</td>
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<table>
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<th>U11/U8 Boys and Girls Cross Country</th>
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<td>(Year 3-6)</td>
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<td>(Tues)</td>
<td>(Thurs)</td>
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<th>U11 Boys Football</th>
<th>U9/U8 Boys and Girls Athletics</th>
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<td>(Year 6)</td>
<td>(Year 3-4)</td>
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<td>(TBC)</td>
<td>(Tues)</td>
<td>(Thurs)</td>
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<th>U11 Girls Football</th>
<th>U11 Boys and Girls Table Tennis</th>
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<td>(Year 5-6)</td>
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<td>(Fri)</td>
<td>(Tues)</td>
<td>(Wed)</td>
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<table>
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<tr>
<th>U14 Boys Football</th>
<th>U10 Boys Football</th>
<th>Swim Team All Ages</th>
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<td>(Year 5)</td>
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<td>(Tues)</td>
<td>(Mon, Tues, Thurs)</td>
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### Student Information

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<thead>
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<th>Student Name</th>
<th>Date of Birth</th>
<th>Class</th>
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<tr>
<th>Parents Name</th>
<th>Phone Number</th>
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</tbody>
</table>

**Email**

| Email | |
|-------| |
|       | |

**Parental / Guardian Permission**

The above named student has my permission to participate in the BSB Sport program.

I declare that my child is physically fit and able to participate fully in the sport(s). In the event of an injury or accident involving my child I understand that I will be informed as soon as possible. If I cannot be contacted, I authorize the coach or other BSB representative to act on my behalf.

I understand that my child will punctually attend all scheduled practices, games and tournaments. If my child cannot attend I, or my child, is responsible to inform the coach before the absence.

<table>
<thead>
<tr>
<th>Parent Signature</th>
<th>Date</th>
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</thead>
<tbody>
<tr>
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</tbody>
</table>
Return this Registration Form to the Sports Office

or log on and sign up through

WWW.BSBSHUNYISPORT.COM
# Student Athlete Registration Form 2016-17

My child will participate in the following BSB sports this school year. Please cross (☒) as required or use the online version here: [https://www.socscms.com/socs/login.asp](https://www.socscms.com/socs/login.asp)

## Season 2

<table>
<thead>
<tr>
<th>U19/U16 Boys Basketball (Year 10-13) (Wed, Fri)</th>
<th>U12 Girls Volleyball (Year 6-7) (Mon, Thurs)</th>
<th>U9 Boys Handball (Year 4) (Tues)</th>
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</thead>
<tbody>
<tr>
<td>U19 /U16 Girls Basketball (Yr10-13) (Wed, Fri)</td>
<td>U13 FOBISIA (Year 7-8) (TBC)</td>
<td>U9 Girls Handball (Year 4) (Tues)</td>
</tr>
<tr>
<td>U14 Boys Volleyball (Year 9) (Mon, Thurs)</td>
<td>U11 Boys Handball (Year 6) (Tues)</td>
<td>U8 Boys Handball (Year 3) (Tues)</td>
</tr>
<tr>
<td>U14 Girls Volleyball (Year 9) (Mon, Thurs)</td>
<td>U11 Girls Handball (Year 6) (Tues)</td>
<td>U8 Girls Handball (Year 3) (Tues)</td>
</tr>
<tr>
<td>U13 Boys Volleyball (Year 8) (Mon, Thurs)</td>
<td>U10 Boys Handball (Year 5) (Tues)</td>
<td>U11/U10/U9 Boys and Girls Table Tennis (Year 3-6) (Wed)</td>
</tr>
<tr>
<td>U13 Girls Volleyball (Year 8) (Mon, Thurs)</td>
<td>U10 Girls Handball (Year 5) (Tues)</td>
<td>U8 Boys and Girls Gymnastics (Year 1 &amp; 2) (TBC)</td>
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<tr>
<td>U12 Boys Volleyball (Year 6-7) (Mon, Thurs)</td>
<td>U10 Girls Handball (Year 5) (Tues)</td>
<td>Swim Team All Ages (Year 1-13) (Mon, Tues, Thurs)</td>
</tr>
</tbody>
</table>

**Student Name** ______________________  **Date of Birth** ______________  **Class** ________

**Parents Name** ______________________  **Phone Number** ___________________

**Email** ____________________________

**Parental / Guardian Permission**

The above named student has my permission to participate in the BSB Sport program.

I declare that my child is physically fit and able to participate fully in the sport(s). In the event of an injury or accident involving my child I understand that I will be informed as soon as possible. If I cannot be contacted, I authorize the coach or other BSB representative to act on my behalf.

I understand that my child will punctually attend all scheduled practices, games and tournaments. If my child cannot attend I, or my child, is responsible to inform the coach before the absence.

**Parent Signature** ________________________  **Date** ________________________
Return this Registration Form to the Sports Office
or log on and sign up through
WWW.BSBSHUNYISPORT.COM
# Student Athlete Registration Form 2016-17

My child will participate in the following BSB sports this school year. Please cross (☒) as required or use the online version here: [https://www.socscms.com/socs/login.asp](https://www.socscms.com/socs/login.asp)

## Season 3

<table>
<thead>
<tr>
<th>U19 / U16 Boys Football (Year 10-13) (Mon, Wed)</th>
<th>U12 Girls Basketball (Year 6-7) (Mon, Thurs)</th>
<th>U9 Girls T-Ball (Year 4) (Tues)</th>
</tr>
</thead>
<tbody>
<tr>
<td>U19 / U16 Girls Football (Yr10-13) (Wed, Fri)</td>
<td>U14 Boys and Girls Athletics (Year 7-9) (TBC)</td>
<td>U8 Boys T-Ball (Year 3) (Tues)</td>
</tr>
<tr>
<td>U16 Girls Softball (Year 7-11) (Tues, Thurs)</td>
<td>U11 Boys T-Ball (Year 6) (Tues)</td>
<td>U9 Girls T-Ball (Year 3) (Tues)</td>
</tr>
<tr>
<td>U14 Boys Basketball (Year 9) (Mon, Thurs)</td>
<td>U11 Girls T-Ball (Year 6) (Tues)</td>
<td>U10/U11 Boys and Girls Athletics (Year 5-6) (Thurs)</td>
</tr>
<tr>
<td>U14 Girls Basketball (Year 9) (Mon, Thurs)</td>
<td>U10 Boys T-Ball (Year 5) (Tues)</td>
<td>Primary FOBISIA (Year 4-6) (TBC)</td>
</tr>
<tr>
<td>U13 Boys Basketball (Year 8) (Mon, Thurs)</td>
<td>U10 Girls T-Ball (Year 5) (Tues)</td>
<td>Swim Team All Ages (Year 1-13) (Mon, Tues, Thurs)</td>
</tr>
<tr>
<td>U13 Girls Basketball (Year 8) (Mon, Thurs)</td>
<td>U9 Boys T-Ball (Year 4) (Tues)</td>
<td></td>
</tr>
<tr>
<td>U12 Boys Basketball (Year 6-7) (Mon, Thurs)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Student Name** ______________________  **Date of Birth** ____________  **Class** ________

**Parents Name** ______________________  **Phone Number** ________________

**Email** ______________________________

**Parental / Guardian Permission**

The above named student has my permission to participate in the BSB Sport program.

I declare that my child is physically fit and able to participate fully in the sport(s). In the event of an injury or accident involving my child I understand that I will be informed as soon as possible. If I cannot be contacted, I authorize the coach or other BSB representative to act on my behalf.

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**Parent Signature** ______________________  **Date** ____________________
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Student Athlete Registration Form 2016-17

My child will participate in the following BSB sports this school year. Please cross (☑) as required or use the online version here: https://www.socscms.com/socs/login.asp

Season 4

<table>
<thead>
<tr>
<th>U15 Boys Rugby (Year 9-10) (Wed)</th>
<th>U13 Girls Netball (Year 7-8) (Wed)</th>
<th>Primary FOBISIA (Year 4-6) (Mon/Tues/Thurs/Fri)</th>
</tr>
</thead>
<tbody>
<tr>
<td>U13 Boys Rugby (Year 7-8) (Wed)</td>
<td>U14 Boys and Girls Tennis (Year 7-9) (TBC)</td>
<td>Mini FOBISIA (Year 2/3) (Tues, Wed)</td>
</tr>
<tr>
<td>U15 Girls Netball (Year 9-10) (Wed)</td>
<td>U14 Boys and Girls Athletics (Year 7-9) (TBC)</td>
<td>Swim Team All Ages (Year 1-13) (Mon, Tues, Thurs)</td>
</tr>
</tbody>
</table>

Student Name ___________________ Date of Birth _______________ Class________

Parents Name ___________________ Phone Number ___________________

Email __________________________

Parental / Guardian Permission

The above named student has my permission to participate in the BSB Sport program.

I declare that my child is physically fit and able to participate fully in the sport(s). In the event of an injury or accident involving my child I understand that I will be informed as soon as possible. If I cannot be contacted, I authorize the coach or other BSB representative to act on my behalf.

I understand that my child will punctually attend all scheduled practices, games and tournaments. If my child cannot attend I, or my child, is responsible to inform the coach before the absence.

Parent Signature_________________________ Date_________________________
Return this Registration Form to the Sports Office
or log on and sign up through
WWW.BSBSHUNYISPORT.COM
SECTION 2:

Federation of British International Schools in Asia

‘The Friendly Games’

U15 FOBISIA Games 2016 @ BSB November 9-11
U13 FOBISIA Games 2017 @ BSB March 22-24
FOBISIA
Policies, Procedures and Practical Information

Further Information

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Mobile: (+86) 18601947350

Sports Office C208 and Bears Cave (Sport Uniform Shop)
sport@britishschool.org.cn
Tel: +86 (0) 10-8047-3588 Ext. 2587
Fax: +86 (0) 10- 8047-3598
Forward

The Federation of British International Schools in Asia (FOBISIA) is a group of 52 schools in 12 countries (www.fobisia.org). These schools have educational responsibility for over 30,000 students. The Federation aims to promote excellence in its member schools, British-style education in Asia and to provide the staff of member schools with professional development opportunities commensurate with those available in the United Kingdom.

Introduction

The FOBISIA Games are annual events hosted by different member schools. Schools are grouped to provide a similar level of competition. Games are held at Under 15 (U15), Under 13 (U13) and Primary levels (MINI FOBISIA). All Games are age-group competitions and all Games are multisport competitions. Students take part in four sports over three days. MINI FOBISIA will be two days.

B RED Group of Schools (2016-2018)

- BSB  British International School Shunyi Campus, China
- BSG  British School of Guangzhou, China
- DCSL  Dulwich College Seoul, Korea
- KTJ  Kolej Tuanku Ja Afar, Malaysia (Secondary Only)
- BPREP  Bangkok International Prep and Sec School, Thailand
- STAGV  St Andrews International School Green Valley, Thailand
Dates and Sports

<table>
<thead>
<tr>
<th>U15 Games</th>
<th>November</th>
<th>Athletics, basketball, football and swimming</th>
</tr>
</thead>
<tbody>
<tr>
<td>U13 Games</td>
<td>March</td>
<td>Athletics, basketball, football and swimming</td>
</tr>
<tr>
<td>Primary Games</td>
<td>May</td>
<td>Athletics, football, swimming and T-ball</td>
</tr>
</tbody>
</table>

For actual dates and hosts see Appendix A

Participation

Students wanting to be considered for selection must be eligible and already actively involved in the BSB sports program. Information regarding the sign-ups, training and deadlines are available from the Sports Department, on the school website [WWW.BSBSHUNYISPORT.COM](http://www.bsbshunyisport.com) and will be published in the newsletters.

New Students

BSB welcomes new students who are interested in joining the FOBISIA squad to try-out for the team. Please speak to the Sports Department.

Eligibility

Please read carefully

Secondary athletes compete in two age groups:

- U15 Athletes must be born after August 1st 2000 and before 1st August 2002
- U13 Athletes must born after August 1st 2002

Primary athletes compete in three age groups:

- U11 must be born after August 1st 2003 until July 31st 2005
- U10 must be born after August 1st 2004 until July 31st 2006
- U9 must be born after August 1st 2005 until July 31st 2007
- U8 must be born after August 1st 2006 until July 31st 2008
Team Sizes

U15 and U13 squads may have up to 18 boys and 18 girls. Limited numbers of event entries in both swimming and athletics and restricted squad sizes in both football and basketball mean that teams would normally travel with squads of about 12 boys and 12 girls.

Primary squads’ age-group teams (U11, U10 and U9) are made up of 7 boys and 7 girls each. MINI FOBISIA Squad will be made up of 6 to 7 boys and 6 to 7 girls from Y2 and Y3.

Costs

Selected students are responsible for their own participation fee and associated travel costs. The participation fee covers costs for venues, officials, medals and trophies, meals, snacks and drinks during the Games. Parents that wish to travel to support their child(ren) are responsible for their own costs, but help in coordinating this will be done through the sport office/host school.

Travel

Attendance at individual Games may involve overseas travel. It is the parents’ responsibility to ensure that their child(ren)’s passport is up to date and satisfies the visa requirements for visits to host countries. Passports are to have at least 6 months validity before expiry from the date of the return trip. Travel bookings for squads will be made by the Sports Department using the most cost effective means of transportation. Team members must travel to and from the host country with the team. BSB assumes no liability and no refunds will be granted for students on the basis of issues with their travel documents.

Parents MUST ensure YOUR child has the correct VISA and travel documents required for travel to the host country.
Selection Process

All students are welcome to try out for the team. The Games are competitive and try-outs are organised in order to determine which students are best suited to the multi-sport Games format. The school will take into account sporting performance for school teams, prior experience, attitude and behaviour in lessons when considering students. Coaches will also use a series of athletic and sports specific tests to aid in the selection process. An example of some of the tests that may be used can be found in the appendices. The school may also use other tests to determine eligibility.

Try-outs will assess:

1. Athletics (Appendix B)
2. Swimming ability assessed by stroke, distance, and time.
3. Football ability (Appendix C)
4. T-ball batting/fielding skills(Appendix D) or Basketball ability (Appendix E)

Successful student’s parents will be contacted to confirm their desire to have their child(ren) included as part of the squad before team lists are published. An initial non-refundable deposit is required to confirm all students on selected FOBISIA teams once try-outs selections have been announced.

Event Entries

Athletics and swimming are an integral part of the Games and event entries are limited. While strong individual athletes and swimmers are given a priority, all squad members should maintain a positive attitude and try to take part in all events if possible. All students will be placed in at least one event in each of the competitions where they are strong. All athletes and swimmers are expected to do their best in each event they are entered. At U15, U13, Primary levels these are team competitions; every athlete and swimmer that finishes an event will score valuable points for their team.
U15 / U13 Games

Selection

Players must submit a FOBISIA registration form and commit to the training schedule listed below. Priority will be given to students who have represented the school in football, basketball, athletics and swimming. It is desirable, but not essential for students to have represented the school at U14 level in ISAC sports and these students will be looked upon favorably during the selection process.

- The selection process for U15 will take place during September 2016
- The selection process for U13 will take place during December 2016

Training Schedule (TBC)

An example of a training schedule is below; schedules will be confirmed at a later date.

**U15 Squads**

<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 3.45 - 5.15pm</td>
<td>Football</td>
</tr>
<tr>
<td>Tuesday 3.45 - 5.15pm</td>
<td>Swimming</td>
</tr>
<tr>
<td>Wednesday 3.45 - 5.15pm</td>
<td>Basketball</td>
</tr>
<tr>
<td>Friday 3.45 - 5.15pm</td>
<td>Athletics</td>
</tr>
<tr>
<td>Monday - Friday Lunchtime</td>
<td>Basketball</td>
</tr>
</tbody>
</table>

**U13 Squads**

<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 3.45 - 5.15pm</td>
<td>Football</td>
</tr>
<tr>
<td>Tuesday 3.45 - 5.15pm</td>
<td>Swimming</td>
</tr>
<tr>
<td>Wednesday 3.45 - 5.15pm</td>
<td>Basketball</td>
</tr>
<tr>
<td>Friday 3.45 - 5.15pm</td>
<td>Athletics</td>
</tr>
<tr>
<td>Monday - Friday Lunchtime</td>
<td>Basketball</td>
</tr>
</tbody>
</table>
Athletics Events

Two athletes, A and B, may enter each event. ‘A’ will be the stronger athlete. Athletes may enter a maximum of 5 events; 3 track / 2 field or 3 field / 2 track (relays count as one track event)

<table>
<thead>
<tr>
<th>Track</th>
<th>Field</th>
</tr>
</thead>
<tbody>
<tr>
<td>100m</td>
<td>High Jump</td>
</tr>
<tr>
<td>200m</td>
<td>Long Jump</td>
</tr>
<tr>
<td>300m (girls) / 400m (boys)</td>
<td>Triple Jump with 6m Run-up</td>
</tr>
<tr>
<td>400m</td>
<td>Discus</td>
</tr>
<tr>
<td>800m</td>
<td>Shot</td>
</tr>
<tr>
<td>1500m</td>
<td>Javelin</td>
</tr>
<tr>
<td>4x100m Relay</td>
<td></td>
</tr>
</tbody>
</table>

Swimming Events

The competition is organised as a short course meet using a 25 / 50m pool. Two swimmers, A and B, may enter each event. ‘A’ will be the stronger swimmer. Swimmers may enter a maximum of 5 events including relays.

<table>
<thead>
<tr>
<th>50m freestyle</th>
<th>100m freestyle</th>
</tr>
</thead>
<tbody>
<tr>
<td>50m breaststroke</td>
<td>100m breaststroke</td>
</tr>
<tr>
<td>50m backstroke</td>
<td>100m backstroke</td>
</tr>
<tr>
<td>50m butterfly</td>
<td>100m butterfly - A race only</td>
</tr>
<tr>
<td>4 x 50m freestyle</td>
<td>200m individual medley - A race only</td>
</tr>
<tr>
<td>4 x 50m medley relay</td>
<td></td>
</tr>
</tbody>
</table>

Basketball and Football Formats

Football – FIFA regulation with exception to 7-a-side, half a full size pitch, games approximately 2 x 12 minutes per half.

Basketball – FIBA regulations with exception to approximately 4 x 12 minutes per quarter.
Primary Games

Selection

The selection process starts at the beginning of Season 3. Interested students will have already taken part in athletics and played football in Season 1, will have registered for T-ball and athletics in Season 3 and will be swimming regularly. All sessions are open to all eligible students. Try-outs will be held as part of these sessions towards the end of Season 3 in order to finalize the squad. Season 4 training will be exclusively for the FOBISIA squad and athletes on reserve only.

Training Schedule

School transport is provided for all sessions.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>3.30 – 5.00pm</td>
<td>Swimming</td>
</tr>
<tr>
<td>Tuesday</td>
<td>3.30 – 4.30pm</td>
<td>T-ball</td>
</tr>
<tr>
<td>Wednesday</td>
<td>7.00 – 8.00am</td>
<td>Swimming</td>
</tr>
<tr>
<td>Thursday</td>
<td>3.30 – 4.30pm</td>
<td>Football</td>
</tr>
<tr>
<td>Friday</td>
<td>3.30 – 5.00pm</td>
<td>Athletics</td>
</tr>
</tbody>
</table>

Lunchtime practice sessions will be introduced during the season, TBA.

Athletics Meet (half day)

Boys and girls compete separately except for the shuttle relay. In all individual events schools may enter two athletes, A and B; A is the stronger athlete.

Athletes may enter a maximum of five (5) and a minimum of two (2) events including the shuttle relay.

<table>
<thead>
<tr>
<th>Under 9</th>
<th>Under 10</th>
<th>Under 11</th>
</tr>
</thead>
<tbody>
<tr>
<td>60m</td>
<td>60m</td>
<td>60m</td>
</tr>
<tr>
<td>100m</td>
<td>100m</td>
<td>100m</td>
</tr>
<tr>
<td>600m</td>
<td>800m</td>
<td>800m</td>
</tr>
<tr>
<td>4 x100m Relay</td>
<td>4 x100m Relay</td>
<td>4 x100m Relay</td>
</tr>
<tr>
<td>Shuttle Relay</td>
<td>Shuttle Relay</td>
<td>Shuttle Relay</td>
</tr>
<tr>
<td>High Jump</td>
<td>High Jump</td>
<td>High Jump</td>
</tr>
<tr>
<td>Long Jump</td>
<td>Long Jump</td>
<td>Long Jump</td>
</tr>
<tr>
<td>3 Springs Jump</td>
<td>3 Springs Jump</td>
<td>Standing Triple Jump</td>
</tr>
<tr>
<td>Quoit Throw</td>
<td>Quoit Throw</td>
<td>Mini Discus</td>
</tr>
<tr>
<td>T-ball Throw</td>
<td>T-ball Throw</td>
<td>Mini Javelin</td>
</tr>
<tr>
<td>Basketball Push Throw</td>
<td>Basketball Push Throw</td>
<td>Shot Putt – 2.72kg</td>
</tr>
</tbody>
</table>
Swimming Events (half day)

Boys and girls compete separately except for the tire relay. In all individual events schools may enter two swimmers, A and B; ‘A’ is the stronger swimmer.

Swimmers may enter a maximum of six (6) and a minimum of one (1) event including the tyre relay.

<table>
<thead>
<tr>
<th>Under 9</th>
<th>Under 10</th>
<th>Under 11</th>
</tr>
</thead>
<tbody>
<tr>
<td>25m Back, Breast, Free (A &amp; B) Fly (A only)</td>
<td>25m Back, Breast, Free (A &amp; B) Fly (A only)</td>
<td>25m Back, Breast, Free (A &amp; B) Fly (A only)</td>
</tr>
<tr>
<td>50m Breast, Free, back (A only)</td>
<td>50m Back, Breast, Free (A only)</td>
<td>50m Back, Breast, Free (A only)</td>
</tr>
<tr>
<td>100m Individual Medley (A only)</td>
<td>100m Individual Medley (A only)</td>
<td>100m Individual Medley (A only)</td>
</tr>
<tr>
<td>4 x 25m Medley Relay</td>
<td>4 x 25m Medley Relay</td>
<td>4 x 25m Medley Relay</td>
</tr>
<tr>
<td>4 x 25m Freestyle Relay</td>
<td>4 x 25m Freestyle Relay</td>
<td>4 x 25m Freestyle Relay</td>
</tr>
<tr>
<td>12 x 25m Tire Relay</td>
<td>12 x 25m Tire Relay</td>
<td>12 x 25m Tire Relay</td>
</tr>
</tbody>
</table>

T-Ball and Football Tournaments (whole day each)

T-Ball

This is a mixed competition with boys and girls playing together. A game will consist of two innings. Usually the game is played with 12 fielders (6 boys and 6 girls) and 12 batters. Batters are organized in a girl-boy sequence.

Football

Boys and girls play separately. Games are 5-a-side with unlimited substitutions. Matches are normally 10 minutes one way. Pitch sizes and playing times are modified to be age-appropriate.
FOBISIA Games Student Handbook Appendix A

Hosts and Dates 2016-2017

<table>
<thead>
<tr>
<th></th>
<th>Under 15 Games</th>
<th>Under 13 Games</th>
<th>Primary Games</th>
<th>MINI FOBISIA</th>
</tr>
</thead>
<tbody>
<tr>
<td>2016-2017</td>
<td>British School of Beijing, Shunyi 9th – 12th November 2016</td>
<td>British School of Beijing, Shunyi 22nd – 25th March 2017</td>
<td>To be confirmed May 2017</td>
<td>Dulwich College Beijing, Harrow International School Beijing 12-13th June 2017</td>
</tr>
</tbody>
</table>

FOBISIA Games Student Handbook Appendix B

Athletics Assessments

1. Each student will get the opportunity to throw the discus, javelin and shot put with measurements taken for each throw.

2. Each student will get the opportunity to complete the long jump, high jump and triple jump with measurements taken for each jump.

3. Each student will complete the 100m and the MSFT.
Football Skills Assessments

The tests should always be performed on the same surface using a size 4 or 5 ball.

Dribbling

- Set out the cones as shown:

```
      C
     10m
    ___
    |    |  2m
    |    |
    |    |
    |    |
   ___
  C   10m   C
     5m
    ___
    |    |  2m
    |    |
    |    |
    |    |
   ___
  C   10m   C
```

- The player stands with a foot on top of the ball and the test begins as soon as their foot is lifted to begin dribbling. The ball must be dribbled in front of and past each cone.
- The test ends when the ball is stopped by the player placing a foot on top of the ball in between the finish cones.

Game Skills

- Students will then be assessed in a game situation; it is advisable for students to have played for the school football team during season one of ISAC play.
FOBISIA Games Student Handbook Appendix D

T-Ball Assessment

- The assessment uses a 9” incrediball, a standard tee, a 28” bat and a 50m measuring tape

**Batting**

- Students have four attempts to hit the ball as far as they can, the furthest distance (in meters) is recorded.
- The assessor will record whether the strike was hit high and far or whether it was a grounder (hard or soft strike).
- The hitter will receive the following instructions:
  
  ‘You will have four attempts to hit the ball as far as you can. Your longest hit will be measured and the distance recorded. You may adjust the tee before your first hit. You must keep your back foot still but may step in with your front as you move to hit the ball. When you are ready you may start. Good luck!’

**Throwing**

- Students have four attempts to throw the ball as far as they can; the furthest distance (in meters) is recorded.
- Throw in a straight line within a designated area.

**Game Skills**

- Students will then be assessed in a game situations during Season 3 T-Ball practice, it is advisable for students to attend the T-Ball ASA.
Basketball Assessment

- U13/U15 Girls and U13 Boys use a size 6 basketball
- U15 Boys Use a size 7 basketball

1. Lay-Ups

- The assessment uses half a court.
- The player being assessed has to score as many lay-ups as possible at alternative ends of the court in 1min. The number of lay ups complete in 1min is recorded.

2. Free Throw

- Players have 5 shots from the free-throw line to score as many baskets as they can. Players must not cross the free-throw line until the ball has touched the ring as per FIBA regulations.

3. Game Situation

- Players will be assessed in a game situation.
FOBISIA Games (All Age Groups)

Please cross (☒) as required or use the online version here:
https://www.socscms.com/socs/login.asp

Student Registration Form 2016 - 2017

<table>
<thead>
<tr>
<th>Event</th>
<th>Dates</th>
<th>Location</th>
<th>Year(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>U15 FOBISIA Games</td>
<td>9th – 12th November 2016</td>
<td>British School of Beijing, Shunyi</td>
<td>(Y10, 9)</td>
</tr>
<tr>
<td>U13 FOBISIA Games</td>
<td>22nd – 25th March 2017</td>
<td>British School of Beijing, Shunyi</td>
<td>(Y8, 7)</td>
</tr>
<tr>
<td>Primary FOBISIA Games</td>
<td>TBC May 2017</td>
<td>To Be Confirmed</td>
<td>(Y6, 5, 4)</td>
</tr>
<tr>
<td>MINI FOBISIA Games</td>
<td>12th – 13th June 2017</td>
<td>DCB/ HISB Beijing</td>
<td>(Y3, 2)</td>
</tr>
</tbody>
</table>

Please make sure your handwriting is clear and neat!

Student Name: __________________________

Class (For example, 7a, 8b etc): __________________________

Regular Bus Stop Name: __________________________

Parent’s Email (Either): __________________________

Parent’s Mobile (Either): __________________________

**Medical Information** Is the student
A. Allergic to medication? Yes / No

B. If yes, what kind?

C. Other allergies:

D. Currently or regularly taking medication?

E. Medical Insurance Provider

F. Policy Number

**Parental / Guardian Permission**
The above named student has my permission to try-out for the FOBISIA Games squad

I declare that my child is physically fit and able to participate fully in the sport(s). In the event of an injury or accident involving my child I understand that I will be informed as soon as possible. If I cannot be contacted, I authorize the coach or other BSB representative to act on my behalf.

I understand that my child will punctually attend all scheduled practices. If my child cannot attend I, or my child, is responsible to inform the coach before the absence.

Parent Signature __________________________ Date __________

Student Signature __________________________ Date __________

It is the responsibility of the parents/student to organize all travel documents and VISAs. The school assumes no liability and no refunds will be issued. **Please ensure your child has the CORRECT VISA and VALID travel documents required to travel to the host country.**
Return this Registration Form to the Sports Office
or log on and sign up through
WWW.BSBSSHUNYISPORT.COM
Sports Award Evening 14th June, 2016

2015-2016 Sportsman & Sportswoman of the Year

U19 Herman Palmgren, Nina Dabrowska

U14 Warren Eben, Julia Kobolka

Mr. Andy Puttock, Principal

Mr. Travis Washko, Director of Sport & PE

U11 Tom Waterland, Talia Mustaccio

U9 Ted Niven, Yuna Roh
U15 FOBISIA @ Kolej Tuanku Ja Afar, Malaysia November 2015

U13 FOBISIA @ St Andrews International School Green Valley, Thailand March 2016
Be Ambitious

BE PART
OF THE TEAM
2016-2017

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