

**2017 SSIS Swim Championships 9-12 - 3/24/2017 to 3/25/2017****ACAMIS Swimming 2017 - 9-12 Year SSIS****Session Report**

Session: 1 Friday SSIS Pool

Day of Meet: 1 Starts at 11:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	1 Girls 11-12 400 Freestyle	11	2 u	11:00 AM	e11:00 AM
Finals	2 Boys 11-12 400 Freestyle	10	2 u	11:15 AM	e11:15 AM
Finals	3 Girls 9-10 200 Freestyle	16	3 u	11:29 AM	e11:29 AM
Finals	4 Boys 9-10 200 Freestyle	18	3 u	11:41 AM	e11:41 AM
Prelims	5 Girls 11-12 100 Backstroke	46	8 u	11:53 AM	e11:53 AM
Prelims	6 Boys 11-12 100 Backstroke	46	8 u	12:14 PM	e12:14 PM
Prelims	7 Girls 9-10 50 Backstroke	49	9 u	12:34 PM	e12:34 PM
Prelims	8 Boys 9-10 50 Backstroke	47	8 u	12:49 PM	e12:49 PM
Break: 30 Minutes: Lunch Break					
Prelims	9 Girls 11-12 50 Freestyle	72	12 u	01:32 PM	e01:32 PM
Prelims	10 Boys 11-12 50 Freestyle	66	11 u	01:46 PM	e01:46 PM
Prelims	11 Girls 9-10 50 Freestyle	58	10 u	01:58 PM	e01:58 PM
Prelims	12 Boys 9-10 50 Freestyle	53	9 u	02:11 PM	e02:11 PM
Prelims	13 Girls 11-12 50 Butterfly	55	10 u	02:22 PM	e02:22 PM
Prelims	14 Boys 11-12 50 Butterfly	39	7 u	02:35 PM	e02:35 PM
Prelims	15 Girls 9-10 50 Butterfly	33	6 u	02:44 PM	e02:44 PM
Prelims	16 Boys 9-10 50 Butterfly	33	6 u	02:52 PM	e02:52 PM
Break: 30 Minutes: Finals Preparation and 400 Free					
Finals	5 Girls 11-12 100 Backstroke	6	1 u	03:31 PM	e03:31 PM
Finals	6 Boys 11-12 100 Backstroke	6	1 u	03:33 PM	e03:33 PM
Finals	7 Girls 9-10 50 Backstroke	6	1 u	03:35 PM	e03:35 PM
Finals	8 Boys 9-10 50 Backstroke	6	1 u	03:37 PM	e03:37 PM
Break: 10 Minutes: Finals recovery					
Finals	9 Girls 11-12 50 Freestyle	6	1 u	03:48 PM	e03:48 PM
Finals	10 Boys 11-12 50 Freestyle	6	1 u	03:49 PM	e03:49 PM
Finals	11 Girls 9-10 50 Freestyle	6	1 u	03:50 PM	e03:50 PM
Finals	12 Boys 9-10 50 Freestyle	6	1 u	03:51 PM	e03:51 PM
Break: 10 Minutes: Finals recovery					
Finals	13 Girls 11-12 50 Butterfly	6	1 u	04:02 PM	e04:02 PM
Finals	14 Boys 11-12 50 Butterfly	6	1 u	04:03 PM	e04:03 PM
Finals	15 Girls 9-10 50 Butterfly	6	1 u	04:04 PM	e04:04 PM
Finals	16 Boys 9-10 50 Butterfly	6	1 u	04:05 PM	e04:05 PM
Break: 25 Minutes: Relay Preparation and medal pre					
Finals	17 Girls 11-12 200 Medley Relay	15	3 u	04:32 PM	e04:32 PM
Finals	18 Boys 11-12 200 Medley Relay	12	2 u	04:43 PM	e04:43 PM
Finals	19 Girls 9-10 200 Medley Relay	10	2 u	04:50 PM	e04:50 PM
Finals	20 Boys 9-10 200 Medley Relay	10	2 u	04:57 PM	e04:57 PM
Swimmers Counts for Warm-ups: 270		=====	=====		
Entry / Heat Totals:		771	135		
Finish Time				05:05 PM	e05:05 PM

**2017 SSIS Swim Championships 9-12 - 3/24/2017 to 3/25/2017****ACAMIS Swimming 2017 - 9-12 Year SSIS****Session Report**

Session: 2 Saturday SSIS Pool

Day of Meet: 2 Starts at 10:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	21 Girls 9-10 100 IM	38	7 u	10:00 AM	e10:00 AM
Finals	22 Boys 9-10 100 IM	39	7 u	10:17 AM	e10:17 AM
Finals	23 Girls 11-12 200 IM	27	5 u	10:33 AM	e10:33 AM
Finals	24 Boys 11-12 200 IM	28	5 u	10:53 AM	e10:53 AM
Prelims	25 Girls 9-10 100 Freestyle	50	9 u	11:12 AM	e11:12 AM
Prelims	26 Boys 9-10 100 Freestyle	46	8 u	11:32 AM	e11:32 AM
Prelims	27 Girls 11-12 100 Freestyle	64	11 u	11:49 AM	e11:49 AM
Prelims	28 Boys 11-12 100 Freestyle	62	11 u	12:11 PM	e12:11 PM
Break: 35 Minutes: Lunch Break					
Prelims	29 Girls 9-10 50 Breaststroke	53	9 u	01:08 PM	e01:08 PM
Prelims	30 Boys 9-10 50 Breaststroke	48	8 u	01:21 PM	e01:21 PM
Prelims	31 Girls 11-12 100 Breaststroke	60	10 u	01:32 PM	e01:32 PM
Prelims	32 Boys 11-12 100 Breaststroke	53	9 u	01:56 PM	e01:56 PM
Break: 45 Minutes: Finals preparation and medal pre					
Finals	25 Girls 9-10 100 Freestyle	6	1 u	03:02 PM	e03:02 PM
Finals	26 Boys 9-10 100 Freestyle	6	1 u	03:04 PM	e03:04 PM
Finals	27 Girls 11-12 100 Freestyle	6	1 u	03:06 PM	e03:06 PM
Finals	28 Boys 11-12 100 Freestyle	6	1 u	03:08 PM	e03:08 PM
Break: 15 Minutes: Finals recovery					
Finals	29 Girls 9-10 50 Breaststroke	6	1 u	03:24 PM	e03:24 PM
Finals	30 Boys 9-10 50 Breaststroke	6	1 u	03:26 PM	e03:26 PM
Finals	31 Girls 11-12 100 Breaststroke	6	1 u	03:27 PM	e03:27 PM
Finals	32 Boys 11-12 100 Breaststroke	6	1 u	03:29 PM	e03:29 PM
Break: 30 Minutes:					
Finals	33 Girls 9-10 200 Freestyle Relay	10	2 u	04:01 PM	e04:01 PM
Finals	34 Boys 9-10 200 Freestyle Relay	10	2 u	04:07 PM	e04:07 PM
Finals	35 Girls 11-12 200 Freestyle Relay	15	3 u	04:14 PM	e04:14 PM
Finals	36 Boys 11-12 200 Freestyle Relay	11	2 u	04:23 PM	e04:23 PM
Swimmers Counts for Warm-ups: 270		=====	=====		
Entry / Heat Totals:		662	116		
Finish Time				04:29 PM	e04:29 PM