



U13 GIRLS ISAC BASKETBALL EXCHANGE



- Where:** Harrow Beijing, Sports Hall.
Date: Saturday 9th March 2019
Time: 9:00am – 3:00pm
Schools: BIBA, BSB, DCB, HBJ, ISB, KEY, WAB & WAB 2
Contact: James Gant (Tel: 13121991270) Emily Colebourne (18510868932)

General Tournament Information:

1. Arrive for 8:30am warm up
2. HBJ will provide warm-up and match balls.
3. Rules – matches will be played according to ISAC Basketball Rules (see attached).
4. Water will be supplied at the sports hall; players should bring their own water bottles. Food and drinks will be available for purchase.
5. Medical – A nurse will be on hand in the on the Sports Hall level by the entrance throughout the day; schools are advised to bring their own medical kits.
6. Each coach will be provided with a folder containing: Schedule and Rules.

U13 Girls ISAC Basketball Tournament Format

Schedule of Games:

	<u>Court 1</u>	<u>Court 2</u>
Game 1 - 9:00am	- WAB 2 vs KEY	BIBA vs DCB
Game 2 - 10:00am	- BSB vs HBJ	ISB vs WAB
Game 3 - 11:00am	- WAB 2 vs HBJ	WAB vs BIBA
Game 4 - 12:00pm	- BSB vs KEY	ISB vs DCB
Game 5 - 1:00pm	- WAB 2 vs BSB	BIBA vs ISB
Game 6 - 2:00pm	- KEY vs HBJ	DCB vs WAB

SECTION 20 – MS BASKETBALL RULES

FIBA rules (<http://www.fiba.com/downloads/Rules/2008/OfficialBasketballRules2008.pdf>) will be applied, except for the following amendments:

1. 4 x 6-minute quarters, with stop clock. (4/12)
2. 4 x 8-minute quarters to be used for u14 competition. (3/14)
3. Overtime periods are 3 minutes, with both team and personal fouls carrying over. (4/12)
4. One minute between quarters; five minute halftimes. (4/12)
5. 35-second shot clock. (4/08)
6. Maximum roster size during the ISAC Tournament is 12 players.
7. Size 6 ball for girls, and U12/U13 boys; U14 boys play with Size 7 ball. (4/08)
8. After made baskets, stoppages in play, and clear change of possession (steals, defensive rebounds), teams are prohibited from playing defense in the opponent's back court. Warnings to be issued; ball to offensive team as a violation, if needed. (4/12)
9. For the final 8 seconds of any half, defense is permitted in the backcourt. (4/12)
10. Official score sheets must be recorded in games and signed by the coaches and referees.
11. Unlimited substitutions are permitted on any whistle (but not between free throws).
12. Possession Arrow: A jump ball will begin the game followed by the use of a possession arrow on any subsequent jump ball situation.
13. In u12 Girls competition, there shall be a free throw line one meter closer to the basket. (4/12)
14. MS basketball we use 12ft lane – 19'9" arc as used in US high school and US NCAA women's basketball (03/15)
15. ISAC Tournament Tie-Break Rules:
 - a. Result head to head between tied teams
 - b. Point differential head to head between tied teams.
 - i. Does NOT revert back to "a." if a three-way tie results in three different point differentials.

- ii. When two of three teams remain tied the head to head between the two teams would solve the tie*
- c. Overall point differential during the tournament/group play*
- d. Coin Toss by Tournament Director or ISAC Chair (03/15)*

COACHES CODE OF CONDUCT

- * Remember that young people participate for pleasure and that winning is only part of the fun.
- * Never ridicule or berate a young player for making a mistake or not coming first.
- * Be reasonable in your demands on players' time, energy and enthusiasm.
- * Operate within the rules and spirit of your sport and teach your players to do the same.
- * Ensure that the time players spend with you is a positive experience. All young people are deserving of equal attention and opportunities.
- * Avoid overplaying the talented players. The average players need and deserve equal time.
- * Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all the players.
- * Display control, respect and professionalism to all involved with the sport. This includes opponents, coaches, officials, administrators, the media, parents and spectators. Encourage your players to do the same.
- * Show concern and caution toward sick and injured players. Follow the advice of a physician when determining whether an injured player is ready to recommence training or competition.
- * Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of young people.
- * Any physical contact with a young person should be appropriate to the situation and necessary for the player's skill development.
- * Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

PARENTS CODE OF CONDUCT

- * Remember that your children participate in sport for their enjoyment, not yours.
- * Encourage your children to participate, do not force them.
- * Focus on the child's efforts and performance rather than on the winning and losing.
- * Encourage children always to play according to the rules and to settle disagreements without resorting to hostility or violence.

- * Never ridicule or yell at a child for making a mistake or losing a competition.
- * Remember that children learn best by example. Appreciate good performances and skillful plays by all participants.
- * Support all efforts to remove verbal and physical abuse from sporting activities.
- * Respect officials' decisions and teach children to do likewise.
- * Show appreciation for volunteer coaches, officials and administrators. Without them, your child might not have the opportunity to participate.
- * Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

PLAYERS CODE OF CONDUCT

- * Play by the rules.
- * Never argue with an official. If you disagree, have your captain or coach approach the official during a break or after the competition.
- * Control your temper. Verbal abuse of officials, other players or spectators is never acceptable. Deliberately distracting or provoking an opponent are not tolerable or permitted behaviors in any sport.
- * Work equally hard for yourself and/or your team. Your team's performance will benefit and so will you.
- * Be a good sport. Applaud all good plays whether they are made by your team or the opposition.
- * Treat all participants in your sport as you like to be treated. Do not bully or take unfair advantage of another competitor.
- * Cooperate with your coach, teammates and opponents. Without them there would be no competition.
- * Participate for your own enjoyment and benefit, not just to please parents, friends or coaches.
- * Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.